

# Burnout Measure Pines

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## DULCE NASH

### **The Trials and Tribulations of Teaching** CRC Press

In Couple Burnout, Ayala Pines offers a unique model to combat relationship burnout by describing the phenomenon of couples burnout; its causes, danger signs and symptoms; and the most effective strategies therapists can use. Distinguishing burnout from problems caused by clinical depression or other pathologies, Pines combines three major clinical perspectives that are used by couple therapists--psychodynamic, systems and behavioral--with additional approaches that focus attention on the social- psychological perspective and existential perspective to couples' problems.

### **Compassion Fatigue** CRC Press

This book brings together the most current thinking and research on educator stress and how education systems can support quality teachers and quality education. It adopts an occupational health perspective to examine the problem of educator stress and presents theory-driven intervention strategies to reduce stress load and support educator resilience and healthy school organizations. The book provides an international perspective on key challenges facing educators such as teacher stress, teacher retention, training effective teachers, teacher accountability, cyber-bullying in schools, and developing healthy school systems. Divided into four parts, the book starts out by introducing and defining the problem of educator stress internationally and examining educator stress in the context of school, education system, and education policy factors. Part I includes chapters on educator mental health and well-being, stress-related biological vulnerabilities, the relation of stress to teaching self-efficacy, turnover in charter schools, and the role of culture in educator stress. Part II reviews the main conceptual models that explain educator stress while applying an occupational health framework to education contexts which stresses the role of organizational factors, including work organization and work practices. It ends with a proposal of a dynamic integrative theory of educator stress, which highlights the changing nature of educator stress with time and context. Part III starts with the definition of what constitute healthy school organizations as a backdrop to the following chapters which review the application of occupational health psychology theories and intervention approaches to reducing educator stress, promoting teacher resources and developing healthy school systems. Chapters include interventions at the individual, individual-organizational interface and organizational levels. Part III ends with a chapter addressing cyber-bullying, a new challenge affecting schools and teachers. Part IV discusses the implications for research, practice and policy in education, including teacher training and development. In addition, it presents a review of methodological issues facing researchers on educator stress and identifies future trends for research on this topic, including the use of ecological momentary assessment in educator stress research. The editors' concluding comments reflect upon the application of an occupational health perspective to advance research, practice and policy directed at reducing stress in educators, and promoting teacher and school well-being.

### **Contemporary Occupational Health Psychology** CRC Press

The rapid and sweeping changes in the economy, technology, work practices and family structures mean that organizational health psychology has never been so essential for understanding stress in the workplace. This timely Research Companion is essential reading to advance the understanding of healthy behaviors within working environments and to identify problems which can be the cause of illness. Containing both theoretical and empirical contributions written by distinguished academics working in Europe, North America and Australia, the book covers leading edge topics ranging from current theories of stress, stress management, and stress in specific occupational groups, such as doctors and teachers, to the relationship of stress with well-being. It provides systematic approaches towards practical actions and stress interventions in working environments and a solid theoretical framework for future research. It will be an essential companion to research on psychology and medicine as well as stress.

### **Prediction of Burnout** Frontiers Media SA

Based on a twenty-year research study, *Work, Vacation and Well-being* delves into the ubiquitous yet often-underestimated issues surrounding vacation and respite. Providing an original outlook on how breaks from work can be beneficial for the well-being of employees, this book also addresses the potential negative impacts of vacation. Taking into account factors concerning the nature of the break and the person taking it, Etzion delves into the benefits and drawbacks of workplace breaks, from annual leave to maternity leave and sabbaticals. *Work, Vacation and Well-being* looks at breaks from work through various social and cultural lenses, to present a balanced and well-researched perspective on all angles of taking a break. Perfect for students of Organizational and Health Psychology, *Work, Vacation and Well-being* also widely appeals to those studying Social Policy, Management Studies, Occupational Health and Research Methods.

### **Gerontology and Geriatrics for NPs and PAs - E-Book** Diplomatica Verlag

This book presents a unique theoretical and practical overview of the issues relating to stress and burnout among healthcare professionals. Occupational stress offers guidance and advice on many subjects, including the maintenance of a healthy workforce.

### **Handbook of Occupational Health and Wellness** Springer

Author Rick Harrington, licensed psychologist and professor, presents a thorough investigation of the mind-body connection as it relates to managing stress in this first edition of *Stress, Health, & Well-Being: Thriving in the 21st Century*. With an empirically grounded approach, the text integrates classical study of stress and health with findings from the burgeoning field of positive psychology. The result is a balanced coverage of the current scientific understanding of stress, enriched by research data analysis and practical applications for productive management of this pervasive force in our modern lives. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

### **Coping with Caring** Elsevier Health Sciences

*Current Issues in Work and Organizational Psychology* is a series of edited books that reflect the state-of-the-art areas of current and emerging interest in the psychological study of employees, workplaces and organizations. Each volume focuses on a particular topic and consists of chapters contributed by international experts, with an introductory overview written by the editors, who are leading figures in their areas. For the first time, this book offers a comprehensive new collection which gathers together some of the most influential chapters from the series into one volume, providing an essential overview of the hottest topics in work and organizational psychology. Including 24 chapters by many of the leading researchers in the field, the book is split into two parts;

the individual in the workplace, and how individuals are organized at work. Topics such as burnout, recruitment, well-being and organizational change are covered, as well as research on emerging topics such as flow, humor, i-deals and socialization. With an introduction and conclusion by Professor Sir Cary Cooper, this is the ideal companion for any student or practitioner looking for an insightful overview of the most researched topics in work and organizational psychology.

### **Handbook of Managerial Behavior and Occupational Health** Cengage Learning

Building upon the strengths of the first edition while continuing to extend the influence and reach of organizational behavior (OB), the Second Edition of this groundbreaking reference/ text analyzes OB from a business marketing perspective-offering a thorough treatment of central, soon-to-be central, contiguous, and emerging topics of OB to facilitate greater viability and demand of OB practice. New edition incorporates more comparative perspectives throughout! Contributing to the dynamic, interdisciplinary state of OB theory and practice, the *Handbook of Organizational Behavior*, Second Edition comprehensively covers strategic and critical issues of the OB field with descriptive analyses and full documentation details the essential principles defining core OB such as organizational design, structure, culture, leadership theory, and risk taking advances solutions to setting operational definitions throughout the field comparatively discusses numerous situations and variables to provide clarity to mixed or inconclusive research findings utilizes cross-cultural approaches to examine recent issues concerning race, ethnicity, and gender reevaluates value standards and paradigms of change in OB investigates cross-national examples of OB development, including case studies from the United States and India and much more! Written by 45 worldwide specialists and containing over 3500 references, tables, drawings, and equations, the *Handbook of Organizational Behavior*, Second Edition is a definitive reference for public administrators, consultants, organizational behavior specialists, behavioral psychologists, political scientists, and sociologists, as well as a necessary and worthwhile text for upper-level undergraduate and graduate students taking organizational behavior courses in the departments of public administration, psychology, management, education, and sociology.

### **Self-Supervision** Routledge

Gerontology and Geriatrics for NPs and PAs - E-Book

### **Combating Physician Burnout** CRC Press

Edited by experts on burnout, five sections lay out the scope of the challenge and outline potential interventions. The introduction, which discusses the history and social context of burnout, provides psychiatrists who may be struggling with burnout with much-needed perspective. Subsequent sections discuss the potential effects of burnout on clinical care, contextual elements that may contribute to burnout, and, potential systemic and individual interventions.

### **Executive Burnout** Routledge

Organizations need to contend with issues related to disruptive psychopathological behavior that in years past may have been swept under the rug. Also, clinicians are more aware that their clients' mental health concerns are influenced by the workplace and that treatment without regard to what happens at work is not apt to be successful. The *Handbook of Mental Health in the Workplace* explores how psychological disorders impact the ability to work and recommends treatments and their likely side effects. It is designed to give the mental health clinician, I/O psychologist, and human resources manager the information they need to determine the employee's fitness for work and what, if any, accommodations may be needed.

### **Taking the Measure of Work** Emerald Group Publishing

This book integrates the growing clinical research evidence related to the emerging transdisciplinary field of occupational health and wellness. It includes a wide range of important topics, ranging from current conceptual approaches to health and wellness in the workplace, to common problems in the workplace such as presenteeism/abstenteeism, common illnesses, job-related burnout, to prevention and intervention methods. It consists of five major parts. Part I, "Introduction and Overviews," provides an overview and critical evaluation of the emerging conceptual models that are currently driving the clinical research and practices in the field. This serves as the initial platform to help better understand the subsequent topics to be discussed. Part II, "Major Occupational Symptoms and Disorders," exposes the reader to the types of critical occupational health risks that have been well documented, as well as the financial and productivity losses associated with them. In Part III, "Evaluation of Occupational Causes and Risks to Workers' Health," a comprehensive evaluation of these risks and causes of such occupational health threats is provided. This leads to Part IV, "Prevention and Intervention Methods," which delineates methods to prevent or intervene with these potential occupational health issues. Part V, "Research, Evaluation, Diversity and Practice," concludes the book with the review of epidemiological, measurement, diversity, policy, and practice issues--with guidelines on changes that are needed to decrease the economic and health care impact of illnesses in the workplace, and recommendations for future. All chapters provide a balance among theoretical models, current best-practice guidelines, and evidence-based documentation of such models and guidelines. The contributors were carefully selected for their unique knowledge, as well as their ability to meaningfully present this information in a comprehensive manner. As such, this Handbook is of great interest and use to health care and rehabilitation professionals, management and human resource personnel, researchers and academicians alike.

### **Emotions and Organizational Governance** Emerald Group Publishing

A handbook on organizational consultation. This second edition includes more than 35 new chapters and an expanded list of international contributors. It analyzes all aspects of organizational consulting - including normative, empirical and political topics - and offers a broad view of consultation diagnoses, problem centres, and interventions.

### **Handbook of Organizational Behavior, Revised and Expanded** CRC Press

Presenting authoritative, up-to-date information in convenient handbook form, this premier reference covers an extensive range of current topics on the causes, symptoms, and treatments of stress. In this second edition, new chapters have been added on crime victimization, sexual abuse, multiple roles, gender and distress, AIDS, chronic illness, aging, the burnout phenomenon, psychosomatic disorders, biomedical indices of stress, and more. New research has been added dealing with personality emotion and stress, cognitive processes, depression, bereavement, work-stress, post-traumatic stress reponse, alcoholism, stress management, and more.

### **Supervision in Educational, Social and Medical Services Professions** Edward Elgar Publishing

The contributors to this highly innovative and authoritative research companion, leading experts in their field, apply relational analyses to different areas of organization studies and provide a comprehensive review of the relational perspectives. The book features empirical, theoretical,

philosophical and methodological contributions from a wide spectrum of disciplinary perspectives on relationality in and around organizations.

*Research Handbook on Work and Well-Being* Routledge

Supervision in Educational, Social and Medical Services Professions investigates both theoretical and practical aspects of stress, burnout and brain-drain; the need for supervision; the benefits of professional supervision; and the most common types of supervision; and provides a definition of the supervisor and their role in educational, social and medical professions. The book also presents quantitative research on a sample of 400 professionals (educators, medical assistants, psychologists, and social workers), aimed at identifying the need for supervision, the understanding and acceptance level of supervision, the advantages of supervision, as well as the burnout and brain-drain levels of professionals supplying direct services to their clients. The book is the result of a postdoctoral grant and will appeal to a wide range of professionals such as social workers, psychologists, medical assistants and doctors, teachers, researchers, as well as to all those interested in the field of social work and willing to develop professionally and personally.

*Police Trauma, Loss, and Resilience* Edward Elgar Publishing

This volume is the latest in a series that focuses on the immediate and long-term consequences of highly stressful events. It focuses on those individuals who provide therapy to victims of Post-Traumatic Stress Disorder crisis and trauma counselors, Red Cross workers, nurses, and doctors.

**An Investigation of the Relationship Between Personal Involvement with Students and Burnout Among Resident Assistants** Frontiers Media SA

This book is a handbook for people who want to assure the use of reliable and valid questionnaires for collecting information about organizations. It significantly reduces the time and effort required for obtaining validated multi-question measures of aspects of organizational 'health' such as

employee job satisfaction, organizational commitment, organizational justice, and workplace behaviors. It helps users in measuring some factors underlying employee perceptions of work such as job characteristics, role ambiguity or conflict, job stress, and the extent to which employees believe their values and those of the organization are congruent. All the measures in the book have been used and tested in research studies published in the 1990's. In addition, all the measures describe the extent and types of reliability and validity tests that have been completed, a feature that organizational researchers should find particularly useful. All in all, this book is a handy tool to increase the efficiency of researchers, consultants, managers, or organizational development specialists in obtaining reliable and valid information about how employees view their jobs and organizations.

*Research Companion to Organizational Health Psychology* Springer

Leading international scholars focus on organisational well being in its widest sense, and is concerned with reviewing the factors which are associated with ill health, as well as those which promote positive health and well being.

*Professional Burnout* Cambridge Scholars Publishing

A rapidly growing number of people experience psychological strain at their workplace. In almost all industrialized countries, absenteeism and turnover rates increase, and an increasing amount of workers receive disablement benefits because of psychological problems. This book, first published in 1993, concentrates on a specific kind of occupational stress: burnout, the depletion of energy resources as a result of continuous emotional demands of the job. This volume presents theoretical perspectives that had been developed in the United States and Europe, discusses methodological issues, and examines organisational contexts. Written by an international group of leading scholars, this book will be of interest to students of both psychology and human resource management.