
Walking The Blue Ridge A Guide To The Trails Of Th

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HANCOCK SIMS

Untamed Fortress Press
New parents and parents of toddlers face unique challenges when it comes to planning outdoor trips. “Family-friendly trail” is often a misleading phrase, and doesn’t take young children under the age of 5 into consideration, whose safety and comfort require a different perspective. The unpredictable nature of little ones leads many parents to put their adventure dreams on the back burner, missing out on years of meaningful experiences as a family. *Hike it Baby* presents 100 outdoor adventures across the U.S. that you

can take with babies and toddlers (really!), along with everything you need to know about exploring the natural world. Sourced from real families using *Hike it Baby’s* trail-tested system, this book helps moms and dads get out there in their comfort zone, yet feel like hardcore adventurers! Whether you’ve always wanted to hike part of the Appalachian Trail, splash around in gentle Northwest waterfalls, or scramble up rocks in the desert surrounded by Joshua Trees, this book shows you how to plan a truly memorable journey together.

Waterfalls of the Blue Ridge Rowman & Littlefield
Discover the Best Waterfalls in North Carolina and Virginia

Waterfalls are nature’s most captivating wonders. These hidden spectacles seem to hold all the secrets of the forest. The hills of the Blue Ridge harbor an incredible number of waterfalls. Hundreds of named falls—and perhaps thousands more—wait to be discovered any time of year. In *Waterfalls of the Blue Ridge*, expert hiker and veteran outdoors writer Johnny Molloy guides you to 120 of the region’s best waterfalls, ranging from 10 to 500 feet high. Some require no hike at all, while others can only be seen from the trail. When you add hiking to a waterfall, you double your pleasure. Most trails in this book could stand alone, but they are even better when combined with the chance to visit a

waterfall. Covering the mountainous region along the Blue Ridge Parkway, Waterfalls of the Blue Ridge takes you into two states, three national parks, three wilderness areas, four national forests, eight state parks, and more! The waterfalls are grouped together by location and appear in geographic order, north to south. The full-color guide provides the information you need to choose which waterfalls to visit. Take a quick look at the hiking distance and the level of difficulty. Then read the hike description, so you know what to expect. Maps, driving directions, and GPS trailhead coordinates help you get there, and professional photographs offer glimpses of the beauty that you'll encounter on the trail. Waterfall hiking in the mountains of the Blue Ridge is a marvelous way to experience the great outdoors. With this guide as your reference, you can seek out a different waterfall every time or hike to your favorite falls, time and again.

Blue Ridge Parkway Vistas
Rowman & Littlefield
'Through sharply drawn characters, Rossi achieves a clear-eyed and poignant view of a family in crisis' -

Sydney Morning Herald A fatal car crash. A young boy orphaned. Who should now become his parents? Nicholas and April are driving home from a party when their car crashes on an empty road high up in the Blue Ridge Mountains. As they lay on the roadside slowly dying, their four-year-old son, Jack, waits for them at home. In the days after their deaths, their grieving relatives begin to descend on the family home. There, they are forced to decide who will care for the child Nicholas and April left behind. Nicholas's brother Nathaniel and his wife Stefanie aren't ready to be parents, but Nicholas's mother and father have issues of their own. And April's mother Tammy is driving across the country to claim her grandson. Spanning a few traumatic days in the minds of each family member, *Mountain Road, Late at Night*, is a masterly portrait of grief, the pain of sudden loss and a family in utter crisis. Gripping, affecting and extremely accomplished, Alan Rossi's unforgettable debut asks one crucial question: what do you do when the worst happens? *Hiking the Carolina Mountains* Rowman &

Littlefield

Originally published in 2010 with the subtitle Epic adventures on the Appalachian Trail. *Wildflowers of Blue Ridge and Great Smoky Mountains* Rowman & Littlefield
Flowing among the beautiful mountains and valleys of Virginia and North Carolina, the 469-mile-long Blue Ridge Parkway is a true American jewel. Built to expose motorists to nature as well as to preserve its beauty, the Parkway still delivers unrivaled beauty today. Guide to the Blue Ridge Parkway is filled with information useful to those traveling the Parkway and is detailed with color photographs throughout. It highlights the many significant points of interest located on and nearby the Parkway, including Mount Mitchell, the highest point east of the Mississippi, Moses H. Cone Memorial Park, and Mabry Mill, one of the most photographed sites on the Parkway. Also noted are locations of overlooks, waterfalls, and tunnels as well as key entry and exit points along the Parkway. The guide features a brief history of the Parkway itself, a look at the

surrounding geology and human history of the area, and an extensive wildflower bloom calendar. The book is organized mile-post to mile-post, appropriate for travelers who are driving the entire Blue Ridge Parkway or only a small section.

Great Day Hikes on North Carolina's Mountains-to-Sea Trail Arcadia

Publishing

Using full-color photography and expertly crafted prose, *Wildflowers of the Blue Ridge and Great Smoky Mountains* turns a day hike or drive through our nation's most beautiful and rugged expanse of forested mountains into an object lesson in the stunning beauty of nature.

Epic Hikes of the World

Menasha Ridge Press

Ray Hicks, 78, the famous teller of Appalachian Jack Tales, is one of America's best-loved storytellers. In this book he shares a different kind of story, a chronicle of his family's experiences in the remote section of the North Carolina mountains where **Hiking North Carolina's Blue Ridge Mountains** Pan Macmillan

Western North Carolina's Blue Ridge Mountains are some of the oldest on earth, boasting old-growth

forests, pristine streams, and ancient heath balds with stunning views. This guide includes 72 great day hikes ranging from 1 to 13 miles, with destinations like the stone tower of Hanging Rock State Park, Max Patch on the Appalachian Trail, the "Opera Box" at Chimney Rock State Park, the Blue Ridge Parkway's Craggy Gardens, the waterfalls of Linville Gorge, and Gregory Bald in Great Smoky Mountains National Park. Each entry includes complete driving and hiking directions, maps, trailhead GPS coordinates, elevation gain, trail highlights, and related historical anecdotes, plus books and movies set in each locale. *Flyfisher's Guide to North Carolina & Georgia* UNC Press Books

The cold, clear creeks of the Southeast offer some of the best isolated flyfishing opportunities and unheralded big fish in the country. Those incredible opportunities and more are covered in the all-new *Flyfisher's Guide to North Carolina & Georgia*. This all-new guide is complete with author Nick Carter's brilliant full-color photography and the same Wilderness Adventures Press maps

that have made this series the best flyfishing guidebooks on the market. Public land, access roads, campgrounds, parks, boat ramps, hand launches, parking and picnic areas, driving directions and GPS coordinates for access points are all included. No need to worry about getting lost. This guidebook includes comprehensive coverage of the large rivers, the medium streams and the small brooks. From the high tributaries of the Great Smoky Mountains National Park and Pisgah National Forest in North Carolina to the broad and rolling Chattahoochee River in Georgia and far beyond, Carter has covered just about everything of interest to fly anglers. Carter has fished these waters for years and his experiences and stories guide readers through the best flyfishing this region has to offer. He has penned numerous articles for a variety of flyfishing and outdoors magazines and his expertise has earned him a reputation as one of the best flyfishing writers for this under-rated part of the country. Don't miss out on this encyclopedia of southeastern flyfishing knowledge. You will be

rewarded handsomely with new locations, great experiences and excellent fishing.

Hiking North Carolina

University of Georgia Press

With its prominent profile recognizable for miles around and featuring vistas among the most beloved in the Appalachians, North Carolina's Grandfather Mountain is many things to many people: an easily recognized landmark along the Blue Ridge Parkway, a popular tourist destination, a site of annual Highland Games, and an internationally recognized nature preserve. In this definitive book on Grandfather, Randy Johnson guides readers on a journey through the mountain's history, from its geological beginnings millennia ago and the early days of exploration to its role in regional development and eventual establishment as a North Carolina state park. Along the way, he shows how Grandfather has changed, and has been changed by, the people of western North Carolina and beyond. To tell the full natural and human story, Johnson draws not only on historical sources but on his rich personal

experience working closely on the mountain alongside Hugh Morton and others. The result is a unique and personal telling of Grandfather's lasting significance. The book includes more than 200 historical and contemporary photographs, maps, and a practical guide to hiking the extensive trails, appreciating key plant and animal species and photographing the natural wonder that is Grandfather.

Hiking and Traveling the Blue Ridge Parkway

Wilderness Adventures Press

The author's account of his four-month hike in 1948 of the entire length of the Appalachian Trail. *Mountain Road, Late at Night* Grove/Atlantic, Inc. The Mountains-to-Sea Trail shows off the most spectacular, historic and quirky elements of the North Carolina landscape. Stretching one thousand miles from Clingmans Dome in the Smokies to Jockey's Ridge State Park in the Outer Banks, the route takes in Fraser fir trees and pelicans, old grist and textile mills, working cotton and tobacco farms, Revolutionary War sites and two British cemeteries complete with

Union Jacks. The trail is half on footpaths and half on back roads, offering experiences not only in nature but also in small towns, at historic monuments, in family cemeteries and in local shops. Author Danny Bernstein has taken it all in and shares her knowledge for those who might follow in her footsteps.

Blue Ridge Babies 1, 2, 3

Open Road + Grove/Atlantic

Second edition of Blue Ridge Parkway Vistas book

Cold Mountain McFarland
DuPont Forest protects thousands of acres of trees, five lakes and more than one hundred miles of multiuse trails. It attracts hikers, equestrians and mountain bikers from all over the United States, and its six waterfalls have been featured in movies like *The Hunger Games* and *The Last of the Mohicans*. All of this natural beauty is easily accessible, increasing its appeal. It took not only the generosity of a multinational company but also Southern Appalachian grit and self-reliance and local activism to make these benefits available to all. DuPont Forest is young, and its future is still unfolding.

Author and hiker Danny Bernstein traces the past of DuPont State Recreational Forest and shows its potential.

Hiking the Blue Ridge Parkway

Univ. of Tennessee Press
The Mountains-to-Sea Trail is an 1,175-mile destination trail that crosses North Carolina from Clingmans Dome in Great Smoky Mountains National Park to Jockey's Ridge State Park on the Outer Banks. It traverses 37 counties, 7 national parks and forests, and nearly a dozen state parks and historic sites. This is the first-ever guide to day hikes along the crown jewel of North Carolina foot trails. Whether you're a seasoned hiker or new to the outdoors, this official guide from Friends of the Mountains-to-Sea Trail is your go-to companion for exploring all the trail has to offer, showcasing everything from scenic mountain vistas to surprising escapes in the state's Piedmont region and the wonders of coastal plain pocosins. Features include - 40 hikes carefully chosen to appeal to hikers of all experience levels - Helpful hike finder feature to identify the perfect hikes for birding, waterfalls, history,

universal accessibility, and more - Turn-by-turn guidance and key points of interest for each hike - Full-color maps and photographs - Helpful information about the trail's history and ongoing development

Grandfather Mountain

UNC Press Books
With stories of 50 incredible hiking routes in 30 countries, from New Zealand to Peru, plus a further 150 suggestions, Lonely Planet's Epic Hikes of the World will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes, cultural rambles and mountain expeditions, each journey shares one defining feature: being truly epic. In this follow-up to Epic Bike Rides and Epic Drives, we share our adventures on the world's best treks and trails. Epic Hikes is organised by continent, with each route brought to life by a first-person account, beautiful photographs and charming illustrated maps. Additionally, each hike includes trip planning advice on how to get there, where to stay, what to pack and where to eat, as well as recommendations for three similar hikes in other regions of the world.

Hikes featured include:
Africa & the Middle East: Cape Town's Three Peaks (South Africa) Kilimanjaro (Tanzania) Camp to Camp in South Luangwa National Park (Zambia)
Americas: Angel's Landing, Zion National Park (USA) Skyline Trail, Jasper National Park (Canada) Concepción volcano hike (Nicaragua)
Asia: 88 Sacred Temples of Shikoku Pilgrimage (Japan) Markha Valley (India) Gubeikou to Jinshanling on the Great Wall (China)
Europe: Wordsworth's Backyard: Dove Cottage and around Rydal and Grasmere (UK) Alpine Pass Route (Switzerland) Camino de Santiago (Spain)
Oceania: Sydney's Seven Bridges Walk (Australia) The Routeburn Track (New Zealand) Kokoda Track (Papua New Guinea)
About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find

our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Moon Blue Ridge Parkway Road Trip Page Street Kids

An inspiring, thought-provoking, and adventurous biography of one woman's fearless crusade to save an island from greed and environmental disaster. In a "moving homage and an adventure story that artfully articulates the ferocities of nature and humanity," Harlan captures the larger-than-life story of Carol Ruckdeschel, the wildest woman in America (Kirkus Reviews). She wrestles alligators, eats roadkill, rides horses bareback, and lives in a ramshackle cabin that she built by hand in an island wilderness. A combination of Henry David Thoreau and Jane Goodall, Carol is a self-taught scientist who has become a tireless defender of sea turtles on Cumberland Island, a national park off the coast of Georgia. Cumberland, the country's largest and

most biologically diverse barrier island, is celebrated for its windswept dunes and feral horses. Steel magnate Thomas Carnegie once owned much of the island, and in recent years, Carnegie heirs and the National Park Service have clashed with Carol over the island's future. What happens when a dirt-poor naturalist with only a high school diploma becomes an outspoken advocate on a celebrated but divisive island? Untamed is the story of an American original standing her ground and fighting for what she believes in, no matter the cost, "an environmental classic that belongs on the shelf alongside Carson, Leopold, Muir, and Thoreau" (Thomas Rain Crowe). "Vivid. . . . Ms. Ruckdeschel's biography, and the way this wandering soul came to settle for so many decades on Cumberland Island, is big enough on its own, but Mr. Harlan hints at bigger questions."—Wall Street Journal "Wild country produces wild people, who sometimes are just what's needed to keep that wild cycle going. This is a memorable portrait." —Bill McKibben

"Deliciously engrossing. . . . Readers are in for a wild ride." —Citizen-Times

The Blue Ridge Tunnel

Menasha Ridge Press

Who says you have to travel far from home to go on a great hike, paddle, or bike ride? Best Outdoor Adventures Asheville details forty of the best hikes, paddles, and bike routes within an hour's drive of the Land of the Sky (along with extra information on climbing and camping adventures), perfect for the urban dweller and suburbanite who may be hard-pressed to find great outdoor activities close to home.

Best Easy Day Hikes Blue Ridge Parkway

CreateSpace

A guide to over 200 waterfalls. Over 80 black-and-white and color photographs are included.

The Man who Walked Through Time UNC Press Books

In 1997, Charles Frazier's debut novel *Cold Mountain* made publishing history when it sailed to the top of The New York Times best-seller list for sixty-one weeks, won numerous literary awards, including the National Book Award, and went on to sell over three million copies. Now, the beloved American epic returns, reissued by Grove Press

to coincide with the publication of Frazier's eagerly-anticipated second novel, *Thirteen Moons*. Sorely wounded and fatally disillusioned in the fighting at Petersburg, a Confederate soldier named Inman decides to walk back to his home in the Blue Ridge mountains

to Ada, the woman he loves. His trek across the disintegrating South brings him into intimate and sometimes lethal converse with slaves and marauders, bounty hunters and witches, both helpful and malign. At the same time, the intrepid Ada is trying to revive her

father's derelict farm and learning to survive in a world where the old certainties have been swept away. As it interweaves their stories, *Cold Mountain* asserts itself as an authentic odyssey, hugely powerful, majestically lovely, and keenly moving.